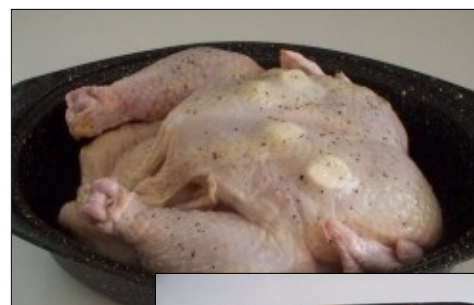


## Solar Cooking

Sunday, June 12, 2011. This was my solar oven in action (325-350 degrees). I was able to roast a chicken and roast carrots, potatoes and squash for our dinner. I am very enthusiastic about utilizing our wonderful sunshine whenever possible!

Susan O'Brien, Master Gardener, and Solar Oven Cooker



Solar oven  
+ chicken and vegetables



Add some cooking time in the sun



Equals a delicious Sunday  
dinner without heating up the  
house!



Note: Photos were taken on June 12, camera date is incorrect.